



The Garfoot Gazette

December 2009 *Newsletter of the Rosemary Garfoot Public Library*

NOURISH OUR COMMUNITIES

Hunger continues to plague many in our area, and food banks are feeling the pinch as funding dwindles and donations lessen. Thanks to the generosity of our kind library patrons, the Mazomanie Food Bank, which serves many in our area, received a supply of items to add to their shelves.

The library will continue to hold an on-going food drive to benefit the food pantry. Please take a moment to grab something from your well-stocked pantries on your way to the library. In the words of Mother Teresa, "If you can't feed a hundred people, then feed just one."

HISTORICAL HOLIDAY HISTORY

Stop by the library to see the *Season of Lights* display in the **Cross Plains/Berry Historical Society** space. Research Center Curator, Joan Schneeberger, has assembled a variety of holiday articles and vintage holiday ads showcasing local businesses and organizations.

NATURAL STEP STUDY CIRCLE

January 20th - March 17th: 6:15-7:15

With a long history of caring for the Black Earth Creek and watershed, the citizens of Cross Plains have demonstrated their passion for the natural environment in which they live. Community members will now have an opportunity to expand the potential of enhanced environmental stewardship and move toward evolution of a sustainable community through a special program coming to the Rosemary Garfoot Public Library. January 20th will mark the first meeting of a nine-part program known as The Natural Step Study Circle. Participants will read and discuss *The Natural Step for Communities: How Cities and Towns Can Change to Sustainable Practices* which provides inspiring examples of communities that have made dramatic changes toward sustainability and explains how others can emulate their success. If you're interested in introducing or expanding sustainable development in your community,

this nine-week program is for you. The group meets Wednesdays, 6:15-7:15, January 20th through March 17th at the library. Registration is required. Please call Kris at 798-3881 for information or to reserve a book.

BOOK CLUBS

Teen Book Club

The Hunger Games

Suzanne Collins

Monday, Dec. 14th at 4:15

In the ruins of a place once known as North America lies Panem, a shining Capitol surrounded by twelve outlying districts. The Capitol is harsh and cruel and keeps the districts in line by forcing them all to

send one boy and one girl between the ages of twelve and eighteen to compete in the annual Hunger Games, a fight to the death on live TV. This exciting adventure novel has been on the New York Times best seller list for 63 consecutive weeks. Make sure you come to the meeting hungry; there will be good food to share. Feed your hunger for a good book, good food, and good company!



Tuesday Night Book Club

Eat, Pray, Love by Elizabeth Gilbert

Tuesday, January 26th at 6:30 PM

The group is on break in December and will meet after the holidays. Please join us in January for a discussion of Elizabeth Gilbert's *Eat, Pray, Love*, an intriguing and substantive memoir of her journey to India, recounted with verve, humor and insight. Please call Jan Manchester with questions at 798-3881.

Desperately Seeking VCR

If you plan to get rid of a VCR in good working condition, the library would be happy to take it off your hands. Please contact Kris, at 798-3881.

ENVIRONMENTAL FLICK – *FOOD, INC.*

Wednesday, January 13 at 6:30 p.m

Worried about the widespread obesity epidemic, especially among children? Concerned about harmful bacteria finding its way into your food? Then plan to attend a screening of the evocative film *Food, Inc.*, on Wednesday, January 13 at 6:30 p.m. at the Rosemary Garfoot Public Library. Witness filmmaker Robert Kenner's exposure of our nation's food industry and the "highly mechanized underbelly" hidden from you the consumer. Watch as Kenner uncovers the adverse impact of government regulatory agencies on your food supply and how a few powerful corporations put profit ahead of consumer health, environmental safety and the livelihood of the American farmer.

Kenner's film features interviews with such experts as Michael Pollan, author of *In Defense of Food*, and Eric Schlosser, author of *Fast Food Nation*. Registration is recommended. Please contact the library at 798-3881 if you plan to attend.

Senior Afternoon at the Movies** is on hiatus for December. Stay tuned for the next movie to be shown on **Thursday, January 28th!

E-NOTES FOR A SUSTAINABLE LIFE

How about making your holidays joyful and cool for the earth? Following are a few tips to consider:

- Buy cards made from recycled paper (*look for "post-consumer" content*) and printed in non-toxic inks.
 - Consider substituting postcards for cards that require envelopes.
 - Reuse the fronts of old holiday cards as gift tags.
 - Decorate with more energy efficient LEDs.
 - Wrap gifts using old newspapers or paper bags.
 - Avoid foil and plastic-embossed paper because more resources are required in the manufacturing process.
 - Bring your own bags on shopping trips.
 - Don't accept a new gift box with your purchase if you have a supply of old ones. Try to wrap gifts without using a box.
 - Patronize local shops and try to walk or bike to your destination. When you need to drive, combine several errands into one trip or travel with friends.
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Storytime News

Wigglers and Giggles: Tuesdays @ 10:00

For babies and toddlers. We will learn finger-plays, sing songs, and read very simple books. Mark the following Tuesdays on your calendar: 12/1, 12/8, 11/3 and 12/15.

Big Kids Booktime: Wednesdays @ 10:00

For preschoolers (3-5 year olds). At Big Kids Booktime we sing, read longer stories and occasionally have a craft project, snack or a special activity based on our theme. These programs are designed for children who are ready to sit and listen to stories. Please bring younger siblings out of the room during the storytelling portion of the program.

MARK YOUR CALENDARS:

OUR DECEMBER THEME IS "COZY & WARM"

12/2 - Soup - Mmmm

12/9 - Hats and Mittens:
Please bring a donation for our Hat and Mitten Tree.

12/16 - Holiday Warmth:
special guest musicians Moe and Charity Hirsch will share the warmth of their voices.



FAMILY MOVIE NIGHT

Thursday, December 10 - 6:00 - 7:45

Join us in the library Community Rooms for a story about balloons, and Disney/Pixar's latest comedy adventure "UP". Popcorn will be provided, and running time is 90 minutes.

FAMILY CRAFT NIGHT

Monday, December 14 - 6:30 - 7:30

Stop by the library and drop off your kids at the craft table. They can make a lovely pin from a recycled bottle cap as a gift for someone special while you relax and enjoy the library. The craft will be most suitable for children ages 4 and older.