



The Garfoot Gazette

August 2009

Newsletter of the Rosemary Garfoot Public Library

For Your Health – Care

Much is being discussed these days about health care. If you're interested in further reading, stop by the library to check-out the following titles:

Health Care Systems around the World: Characteristics, Issues, Reforms by Marie L. Lassey

Health Care Systems of the Developed World: How the United States' System Remains an Outlier by Duane A. Matcha

Critical: What We Can Do About the Health-Care Crisis by Thomas Daschle

Uninsured in America: Life and Death in the Land of Opportunity by Susan Starr Sered

Critical Condition: How Health Care in America Became Big Business—and Bad Medicine by Donald L. Bartlett

A Second Opinion: Rescuing America's Healthcare by Arnold Relman

EnAct TEAM FORMING

Wednesdays – September 16th - November 4th
6:30 – 7:30 pm
Library Community Rooms

Many people want to lessen their impact on the environment but might need some help and support along the way. The Rosemary Garfoot Public Library is sponsoring an 8-week **EnAct** (Environmental Action Teams) program which gives people tools and encouragement to adopt more economical and environmentally-friendly lifestyle practices. We will use the companion book, *EnAct: Steps to Greener Living*, as a guide in our discussion of various environmental topics and the simple actions we can take to reduce waste, conserve energy and water, protect water quality, reduce automobile use, and make healthy and sustainable food choices. The program is free and registration is required. Please call Kris or Pam at the library (798-3881) for further details.

BOOK CLUBS

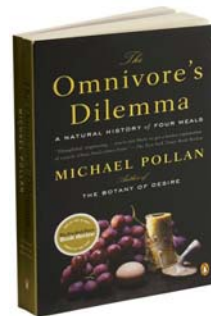
The **Tuesday Evening Book Group** will take a summer break in August, but will return on September 29 at 6:30 p.m. to discuss Canadian author, Margaret Atwood's novel, *The Blind Assassin*.

Set in Canada, Atwood's book is narrated from present day referring back to events spanning the twentieth century. *The Blind Assassin*, inspired by real events taking place during World War II, is a compelling novel within a novel, where everything is not what it seems.



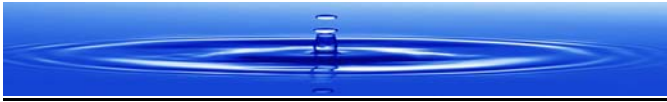
ECO-TALK BOOK DISCUSSION

Join the Eco-Book Discussion Group on Thursday, October 1 at 6:30 p.m. to discuss Michael Pollan's smart & quirky book, *The Omnivore's Dilemma: a Natural History of Four Meals*. Pollan's book is a portrait of America's way of eating and an indictment of today's food industry.



Pollan will present a lecture at the Kohl Center on September 24 at 7 p.m. as part of the Humanities Without Boundaries Lecture "Go Big Read" event.

E NOTES FOR A SUSTAINABLE LIFE



Water - Think, While You Drink

- The average person in the developing world uses 2.64 gallons of water per day. The average United Kingdom citizen uses 35.66 gallons per day. The average United States citizen uses 100-175 gallons per day.
- 1.1 billion people in the world have no access to safe drinking water.
- Half of the world's hospital beds are filled with people sick from water related illnesses.
- Water is a 400 billion dollar global industry - the largest behind electricity and oil.
- Water is a finite resource and much has disappeared due to pollution, displacement, misplacement and mismanagement. California's water supply is running out.
- The National Resources Defense Council states that in a scientific study testing more than 1000 bottles of 103 brands of water, about one-third of the bottles contained synthetic organic chemicals, bacteria and arsenic.
- Over 116,000 human-made chemicals enter public water supply systems.

Sources: 350.org; Blueplanetrun.org; *Blue Covenant* by Maud Barlowe; *Flow* (DVD); National Resources Defense Council.

SENIOR AFTERNOON AT THE MOVIES

Thursday, August 27th – 1:00 pm
Library Community Rooms

Our August movie will be the classic, *The African Queen*, starring Humphrey Bogart and Katherine Hepburn. At the start of World War 1, Charlie Allnut (Bogart), the derelict captain of the launch, The African Queen, is using his old steamer to ferry supplies to villages in East Africa. When the Rev. Samuel Sayer (Robert Morley) dies, Charlie agrees to take Sayers' sister, Rose (Katherine Hepburn), back to civilization, taking on the Germans at the same time. This movie has it all; drama, adventure, and romance!
Run time is 115 minutes. Refreshments are provided.



Storytime News!!

Storytime is on break for the month of August.
Please join us for September storytimes:

School Days

Wigglers and Giggles: Tuesdays @ 10

These programs are designed for babies and toddlers. We will learn fingerplays, sing songs, and read very simple books.

Big Kids Booktime: Wednesdays @ 10

For Preschoolers (3-5 years). At these programs we sing, read longer stories and occasionally have a craft project, snack or activity.

Mark your calendars:

September 1 & 2 - First Day Jitters
September 8 & 9 - Ridin' the Bus
September 15 & 16 - My Friend the Teacher
September 22 & 23 - School Buddies

For more information about these programs, please contact Catherine at 798-3881, or cabaer@scls.lib.wi.us.

Grazie, Danke, Obrigada, Baniha, Mwebare, MALO, Takk, Ashi, Dziekuje, Makasin, Gracias

No Matter how you say it ...

THANK YOU!

To all the fabulous volunteers who made this summer's library program one of the best ever. We couldn't have done it without you.

Library hours: Monday, Wednesday and Thursday: 9am-8pm, Tuesday & Friday: 9am-5pm, Saturday: 10am-2pm
Rosemary Garfoot Public Library, 2107 Julius St., Cross Plains, WI.
53528 – 608-798-3881-www.scls.lib.wi.us/csp/